

## UPCOMING WORKSHOPS

### **One Day Anger Management Workshop (Toronto, September 17, 2011)**

#### **Date subject to change**

When: Saturday

Where: Double Tree Hotel, Toronto, Ontario

Facilitator: Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure Demographics- Open Conditions- client enrollment Members will be required to attend for the entire 8 hour session in order to receive certificate, letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

### **One Day Anger Management Workshop (Edmonton September 24, 2011)**

#### **Date subject to change**

When: Saturday September 24, 2011

Where: Edmonton Delta South, Edmonton Alberta

Facilitator - Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Vancouver October 01, 2011)**

### **Date subject to change**

When: Saturday October 1, 2011

Where: Local Hotel

Facilitator - Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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required to attend for the entire 8 hour session in order to receive certificate,

letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Winnipeg October 01, 2011)**

### **Date subject to change**

When: Saturday October 1, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal October 01, 2011)**

### **Date subject to change**

When: Saturday October 1, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal October 02, 2011)**

### **Date subject to change**

When: Sunday October 2, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Halifax October 08, 2011)**

### **Date subject to change**

When: Saturday October 8, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Calgary October 22, 2011)**

### **Date subject to change**

When: Saturday October 22, 2011

Where: Local Hotel

Facilitator - Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns October 08, 2011)**

### **Date subject to change**

When: Saturday October 8, 2011

Where: Local Hotel

Facilitator – Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Charlottetown October 08, 2011)**

### **Date subject to change**

When: Saturday October 8, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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## **One Day Anger Management Workshop (Saskatoon October 08, 2011)**

### **Date subject to change**

When: Saturday October 8, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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## **One Day Anger Management Workshop (St. Johns October 08, 2011)**

### **Date subject to change**

When: Saturday October 8, 2011

Where: Local Hotel

Facilitator - Not Assigned

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Contact: Sukhjot Hothi, (866.512.2275)

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## **One Day Anger Management Workshop (Mississauga October 15, 2011)**

### **Date subject to change**

When: Saturday October 15, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Ottawa October 22, 2011)**

### **Date subject to change**

When: Saturday October 22, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Public Invited October 28, 2011)**

### **Date subject to change**

When: Friday October 28, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop**: This is a workshop group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Edmonton November 05, 2011)**

### **Date subject to change**

When: Saturday November 5, 2011

Where: Edmonton Delta South, Edmonton Alberta

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal November 12, 2011)**

### **Date subject to change**

When: Saturday November 12, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Winnipeg November 12, 2011)**

### **Date subject to change**

When: Saturday November 12, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Toronto November 19, 2011)**

### **Date subject to change**

When: Saturday November 19, 2011

Where: Double Tree Hotel, Toronto, Ontario

Facilitator – Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Vancouver November 26, 2011)**

### **Date subject to change**

When: Saturday November 26, 2011

Where: Local Hotel

Facilitator – Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Halifax December 03, 2011)**

### **Date subject to change**

When: Saturday December 3, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns December 03, 2011)**

### **Date subject to change**

When: Saturday December 3, 2011

Where: Local Hotel

Facilitator – Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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## **One Day Anger Management Workshop (Charlottetown December 03, 2011)**

### **Date subject to change**

When: Saturday December 3, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Saskatoon December 03, 2011)**

### **Date subject to change**

When: Saturday December 3, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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## **One Day Anger Management Workshop (St. Johns December 03, 2011)**

### **Date subject to change**

When: Saturday December 3, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Ottawa December 10, 2011)**

### **Date subject to change**

When: Saturday December 10, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

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Status: Currently accepting applicants

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## **One Day Anger Management Workshop (Mississauga December 17, 2011)**

### **Date subject to change**

When: Saturday December 17, 2011

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal January 07, 2012)**

### **Date subject to change**

When: Saturday January 7, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Edmonton January 14, 2012)**

### **Date subject to change**

When: Saturday January 14, 2012

Where: Edmonton Delta South, Edmonton Alberta

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

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## **One Day Anger Management Workshop (Winnipeg January 14, 2012)**

### **Date subject to change**

When: Saturday January 14, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Halifax January 28, 2012)**

### **Date subject to change**

When: Saturday January 28, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

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## **One Day Anger Management Workshop (Saskatoon January 28, 2012)**

### **Date subject to change**

When: Saturday January 28, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns January 28, 2012)**

### **Date subject to change**

When: Saturday January 28, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop**: This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

Pressure Demographics- Open Conditions- client enrollment Members will be

required to attend for the entire 8 hour session in order to receive certificate,

letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns January 28, 2012)**

### **Date subject to change**

When: Saturday January 28, 2012

Where: Local Hotel

Facilitator – Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop**: This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Charlottetown January 28, 2012)**

### **Date subject to change**

When: Saturday January 28, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure Demographics- Open Conditions- client enrollment Members will be required to attend for the entire 8 hour session in order to receive certificate, letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Mississauga February 11, 2012)**

### **Date subject to change**

When: Saturday February 11, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure Demographics- Open Conditions- client enrollment Members will be required to attend for the entire 8 hour session in order to receive certificate, letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal February 18, 2012)**

### **Date subject to change**

When: Saturday February 18, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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required to attend for the entire 8 hour session in order to receive certificate,

letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Winnipeg February 18, 2012)**

### **Date subject to change**

When: Saturday February 18, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Edmonton March 03, 2012)**

### **Date subject to change**

When: Saturday March 3, 2012

Where: Edmonton Delta South, Edmonton Alberta

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Mississauga March 10, 2012)**

### **Date subject to change**

When: Saturday March 10, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Halifax March 17, 2012)**

### **Date subject to change**

When: Saturday March 17, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Saskatoon March 17, 2012)**

### **Date subject to change**

When: Saturday March 17, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns March 17, 2012)**

### **Date subject to change**

When: Saturday March 17, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns March 17, 2012)**

### **Date subject to change**

When: Saturday March 17, 2012

Where: Local Hotel

Facilitator – Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Charlottetown March 17, 2012)**

### **Date subject to change**

When: Saturday March 17, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Winnipeg March 23, 2012)**

### **Date subject to change**

When: Friday March 23, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal March 24, 2012)**

### **Date subject to change**

When: Saturday March 24, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Edmonton April 21, 2012)**

### **Date subject to change**

When: Saturday April 21, 2012

Where: Edmonton Delta South, Edmonton Alberta

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Saskatoon April 28, 2012)**

### **Date subject to change**

When: Saturday April 28, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Halifax May 05, 2012)**

### **Date subject to change**

When: Saturday May 5, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Mississauga May 05, 2012)**

### **Date subject to change**

When: Saturday May 5, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or

by phone an option for workshop graduates

\*\*\*\***Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns May 05, 2012)**

### **Date subject to change**

When: Saturday May 5, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or

by phone an option for workshop graduates

\*\*\*\***Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal May 05, 2012)**

### **Date subject to change**

When: Saturday May 5, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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\*\*\*\***Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns May 05, 2012)**

### **Date subject to change**

When: Saturday May 5, 2012

Where: Local Hotel

Facilitator – Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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by phone an option for workshop graduates

\*\*\*\***Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Winnipeg May 05, 2012)**

### **Date subject to change**

When: Saturday May 5, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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by phone an option for workshop graduates

\*\*\*\***Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Charlottetown May 05, 2012)**

### **Date subject to change**

When: Saturday May 5, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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by phone an option for workshop graduates

\*\*\*\***Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Saskatoon June 02, 2012)**

### **Date subject to change**

When: Saturday June 2, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

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letter of completion and progress report. 6 week follow up with Nigel Turner online or

by phone an option for workshop graduates

\*\*\*\***Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Edmonton June 09, 2012)**

### **Date subject to change**

When: Saturday June 9, 2012

Where: Edmonton Delta South, Edmonton Alberta

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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by phone an option for workshop graduates

\*\*\*\***Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal June 09, 2012)**

### **Date subject to change**

When: Saturday June 9, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Halifax June 23, 2012)**

### **Date subject to change**

When: Saturday June 23, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns June 23, 2012)**

### **Date subject to change**

When: Saturday June 23, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (St. Johns June 23, 2012)**

### **Date subject to change**

When: Saturday June 23, 2012

Where: Local Hotel

Facilitator – Alice Wiafe

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Charlottetown June 23, 2012)**

### **Date subject to change**

When: Saturday June 23, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

Pressure Demographics- Open Conditions- client enrollment Members will be

required to attend for the entire 8 hour session in order to receive certificate,

letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Mississauga June 30, 2012)**

### **Date subject to change**

When: Saturday June 30, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer

Pressure Demographics- Open Conditions- client enrollment Members will be

required to attend for the entire 8 hour session in order to receive certificate,

letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Montreal July 21, 2012)**

### **Date subject to change**

When: Saturday July 21, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop**: This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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letter of completion and progress report. 6 week follow up with Nigel Turner online or by phone an option for workshop graduates

**\*\*\*\*Nationally accepted by courts, business and other institutions**

## **One Day Anger Management Workshop (Saskatoon July 28, 2012)**

### **Date subject to change**

When: Saturday July 28, 2012

Where: Local Hotel

Facilitator - Not Assigned

Cost: \$295.00/ session + manual+ HST.

Contact: Sukhjot Hothi, (866.512.2275)

Email: info@armicorp.net

Status: Currently accepting applicants

What: **Adult Management Workshop**: This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include

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**\*\*\*\*Nationally accepted by courts, business and other institutions**