

EVENTS AT A GLANCE

One Day Anger Management Workshop (Mississauga) August 14, 2010

When: Saturday

Where: 100 Matheson Blvd East, #204. Mississauga Ontario

Cost: \$250.00/ session + manual+ GST. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

*What: **Adult Management Workshop:*** This is a workshop group designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure.

Demographics- Open

Conditions- client enrollment

Members will be required to attend for the entire 8 hour session in order to receive certificate or letter of completion.

One Day Anger Management Workshop (Toronto) August 28th, 2010

When: Saturday

Where: 717 Bloor St West Ontario

Cost: \$250.00/ session + manual+ GST. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

*What: **Adult Management Workshop:*** This is a workshop group designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure.

Demographics- Open

Conditions- client enrollment

Members will be required to attend for the entire 8 hour session in order to receive certificate or letter of completion.

One Day Anger Management Workshop (Mississauga) September 11, 2010

When: Saturday

Where: 100 Matheson Blvd East, #204. Mississauga Ontario

Cost: \$250.00/ session + manual+ GST. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

*What: **Adult Management Workshop:*** This is a workshop group designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure.

Demographics- Open

Conditions- client enrollment

Members will be required to attend for the entire 8 hour session in order to receive certificate or letter of completion.

One Day Anger Management Workshop (Toronto) September 25, 2010

When: Saturday

Where: 717 Bloor St West Ontario

Cost: \$250.00/ session + manual+ GST. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

What: **Adult Management Workshop:** This is a workshops group is designed to provide clients with intensive, hands on practical ideas they can use to help manage their anger. This is very experiential, in a classroom setting, and asks participants to be involved. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure.

Demographics- Open

Conditions- client enrollment

Members will be required to attend for the entire 8 hour session in order to receive certificate or letter of completion.

Adult Anger Management Group (Toronto)

When: Tuesdays 7-8:30 pm

Where: 717 Bloor St West

Cost: \$40/ session. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

What: **Adult Management Group:** This group is designed to provide adults clients with ideas they can use to help manage their anger. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure. Clients will also address the use of alcohol and drugs and how this interacts with anger.

Demographics- Open

Conditions- client enrollment

Members of the group will need to complete 8 group sessions within an 8-10 week period. They are only allowed 2 absences or will be subject to termination from group. Group is open to adolescents.

Adult Anger Management Group Mississauga

When: Fridays 7-8:30 pm

Where: 100 Matheson Blvd East, #204.Mississauga Ontario

Cost: \$40/ session. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

What: **Adult Management Group:** This group is designed to provide adults clients with ideas they can use to help manage their anger. Some topics will include Anger Triggers, Stress

Management, Conflict Resolution, Family Issues, and Peer Pressure. Clients will also address the use of alcohol and drugs and how this interacts with anger.

Demographics- Open

Conditions- client enrollment

Members of the group will need to complete 8 group sessions within an 8-10 week period. They are only allowed 2 absences or will be subject to termination from group. Group is open to adolescents.

Live training Online-Anywhere in Canada July – September, 2010

When: Saturday

Where: Live on the Webcam

Cost: \$250.00/ session + manual+ GST. Letter and certificate provided

Contact: Sabrina Butt, (905)-290-2764

What: **This anger management class is broadcast live with a live trainer-** who gives instruction and facilitates the group. This is not any ordinary online class; it is not a passive experience.

Though you are not physically in the class, our software will enable us to see you and you to see the instructor and the other students. You will be called on to ask questions and participate. This class is for those who may not be able to attend a class physically because they are too remote or just prefer the anonymity of such a group. It will be a great experience.

Adolescent Anger Management Group “Work it Out” (Mississauga)

When: Wednesday, January 6, 2010 from 7-8:30pm

Where: 100 Matheson Blvd East, #204. Mississauga Ontario

Cost: \$40/ session. Letter and certificate provided

Contact: Elsa Al-Attar (905)-290-2764

What: **Adolescent Anger Management Group:** This group is designed to provide adolescent clients with ideas they can use to help manage their anger. Some topics will include Anger Triggers, Stress Management, Conflict Resolution, Family Issues, and Peer Pressure. Clients will also address the use of alcohol and drugs and how this interacts with anger.

Demographics- 12-17

Conditions- Parental permission, client enrollment

Members of the group will need to complete 8 group sessions within an 8-10 week period. They are only allowed two absences or will be subject to termination from group.